

ensure that as a matter of course, the aid-in-dying drugs will not be stored or accessible on DDS premises, eliminating the safety risks associated with the housing and distribution of such drugs. The regulations are protective measures that guarantee the continued health and safety of the developmental centers' residents and provide appropriate notices to the courts and interested parties regarding individuals judicially committed to the Department who wish to exercise the rights afforded by the Act.

Determination of Inconsistency/Incompatibility with Existing State Regulations:

DDS has determined the proposed regulations are not inconsistent or incompatible with existing state regulations.

Mandate on Local Agencies and School Districts:

DDS has determined that the proposed emergency regulations do not impose a mandate on local agencies or school districts.

Fiscal Impact:

DDS has determined that the emergency regulations do not impose any additional costs or savings requiring reimbursement under Government Code section 17500, *et seq.*, any non-discretionary cost or savings to local agencies or school districts, or any cost or savings in federal funding to the state. DDS has determined there will be no cost or savings to any state agency pursuant to Government Code section 11346.1(b) or 11346.5(a)(6).

Economic Impact:

DDS is not aware of any cost impacts that a representative, private person, or business would necessarily incur in reasonable compliance with the proposed action. DDS has made a determination that the emergency regulations would not affect the creation or elimination of jobs, the creation of new businesses, the elimination of existing businesses, or the expansion of businesses currently doing business within the State of California.

California Code of Regulations
Title 17, Division 2
Chapter 1- General Provisions
SubChapter 10: End of Life Options Act
Article 1- General
Sections 51000, 51001, 51002

Section 51000: End of Life Option Act

(a) All terminally ill individuals residing in a developmental center or state-operated facility under the jurisdiction of the Department of Developmental Services shall receive appropriate and necessary medical care for their terminal condition, including counseling, hospice, and palliative care, as deemed appropriate by the individual's interdisciplinary team.

(b) Except as provided in Section 51002, the Department of Developmental Services shall not provide aid-in-dying drugs under the End of Life Option Act, Part 1.85 (commencing with Section 443) of Division 1 of the Health and Safety Code, to any terminally ill resident in a developmental center or state-operated facility, and shall not permit its employees, independent contractors, or other persons to provide the end of life option on the premises of any Department facility or while acting within the course and scope of any employment by, or contract with, the Department.

Authority: Sections 4441, 4449, 4484, 4485, Welfare and Institutions Code; Sections 443.14, 443.15, Health and Safety Code. Reference: Sections 443-443.22, inclusive, Health and Safety Code, Division 1, Part 1.85.

Section 51001. Individuals Determined to be Terminally Ill and Choosing to Exercise End of Life Option Act

For any individual residing in a developmental center or state-operated facility under the jurisdiction of the Department of Developmental Services who is diagnosed with a terminal disease, as that term is defined in the End of Life Option Act (at Welfare & Institutions Code, section 443.1(q)), and who wishes to exercise his or her rights under the End of Life Option Act, the Department shall take the following actions:

(a) For individuals residing at the Sonoma Developmental Center, the Fairview Developmental Center, the general treatment program of the Porterville Developmental Center or a state-operated facility, the Department and appropriate regional center shall make arrangements to transfer the individual to an appropriate community facility that will permit the individual to

exercise his or her rights under the End of Life Option Act. The transfer shall be made only if it is medically feasible, and the transfer may be delayed until the individual is ready to ingest the aid-in-dying drug if the individual wishes to remain at the developmental center or state-operated facility until that time. The transfer shall comply with the requirements of the Lanterman Developmental Disabilities Services Act, its implementing regulations, and the Department's existing policies and procedures. The transfer shall be as soon as possible consistent with the individual's desires and medical status, but in no instance later than 30 days from the date the individual with the terminal illness expresses his or her desire to exercise rights under the End of Life Option Act. The transfer made pursuant to this subdivision shall be a provisional placement from the developmental center or state-operated facility, and the individual has a right of return to the developmental center or state-operated facility if he or she decides not to ingest aid-in-dying drugs after being transferred to the community facility.

(b) For individuals committed to a Department facility pursuant to Penal Code section 1370.1 for competency evaluation, the Department shall file and serve a notice to the committing court, district attorney, public defender or other counsel for the defendant, and regional center that the defendant seeks to exercise his or her rights under the End of Life Option Act. The notice shall be filed and served no later than within seven days of the date the defendant expresses his or her desire to exercise rights under the Act. The Department shall seek to secure a prompt hearing following the filing of the notice to the district attorney, public defender or other counsel for the defendant, and regional center to make recommendations to the committing court. The regional center shall identify for the court a community facility, if any, that will allow the defendant to exercise his or her rights under the End of Life Option Act.

(c) For individuals committed or transferred to a Department facility pursuant to Welfare and Institutions Code section 6500 et seq., the Department shall file and serve a notice to the committing court, district attorney, public defender or other counsel for the individual, and regional center that the person seeks to exercise his or her rights under the End of Life Option Act. The notice shall be filed and served no later than seven days after the date the person expresses his or her desire to exercise rights under the Act. Within 30 days of service of the notice, the individual's regional center shall identify an appropriate community facility, if any, that will allow the individual to exercise his or her rights under the Act. Within seven days of the regional center's identification of the community facility, the Department shall issue the notice specified in Welfare and Institution Code section 6509, subdivision (d), of the Department's intent to transfer the individual to the community facility identified by the regional center. Pursuant to Welfare and Institutions Code sections 6500 and 6502, any interested person may move the court to

terminate a commitment made pursuant to section 6500 et seq. for any person identified as having a terminal condition.

Authority: Sections 4440, 4441, 4449, 4484, 4485, 6500, 6509, Welfare and Institutions Code. Section 1370.1, Penal Code. Reference: Sections 443-443.22, inclusive, Health and Safety Code, Division 1, Part 1.85.

Section 51002. Appeal to the Director

If the regional center is not able to identify an appropriate community facility that will allow the individual residing at the Sonoma Developmental Center, the Fairview Developmental Center, the general treatment program of the Porterville Developmental Center, or state-operated facility to exercise his or her rights under the End of Life Option Act, the executive director of the developmental center or state-operated facility shall inform the individual verbally and in writing of the right to appeal to the Director of the Department of Developmental Services to permit him or her to ingest aid-in-dying drugs at the developmental center or state-operated facility. If the individual states his or her desire to appeal, the Director shall consider the totality of circumstances in granting or denying the appeal, and shall issue his or her decision within 14 days of the appeal.

Authority: Sections 4404, 4440, 4441, 4449, 4484, 4485, Welfare and Institutions Code. Reference: Sections 443-443.22, inclusive, Health and Safety Code, Division 1, Part 1.85.

Sacramento Signing Families

Presents

Story Time in American Sign Language

Parents with children ages 0-5 are invited to join other families to read well-loved children's books in American Sign Language, and even learn beginning signs!

Join us!
2nd and 4th Tuesdays
of the month (until 12/27)
from 6:30-8:00 p.m.



Location:
Belle Cooledge Library
5600 South Land Park Dr.
Sacramento, CA 95822

For more information, please
contact Celina at
celinaoppus@gmail.com

Funding provided by:



Funding for the Sacramento Signing Families project is provided by First 5 Sacramento, which uses Proposition 10 (tobacco tax) funds to support the healthy development of children ages 0-5. Visit online at www.first5sacramento.net.

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DDS SafetyNet

For Health, Safety, and a Better Life

Spring 2016

Stay Safe When Out and About!



STAY SAFE When Out and About!

As a supporter, your role is to encourage the people you support to become a more active part of the community. It is important that you

provide the tools they need to stay safe when they are out and about. Sharing these safety tips with the people you support will help keep them safe. **Each topic is also a tip sheet which can be found at www.ddssafety.net. Also check out the *Be Aware, Stay Safe!* video: <https://youtu.be/SUG2yAwRfJk>.**

10 Basic Safety Tips

Always follow these safety tips when you are out in the community.

1. **ALWAYS** take your keys, cell phone and ID card with you! Make sure your cell phone is charged.
2. Be aware of where you are. Know your neighborhood.
3. Stay in well-lighted areas and where there are people.
4. Avoid dark alleys and vacant lots.
5. Keep your music low so you can hear sounds around you.
6. If a stranger makes you feel scared, go get help.
7. Know how to get help – who to call and where to go.

8. Go out with a friend when you can. Do not go out alone at night.
9. Have a plan. Know where you are going. Know how to get there and back.
10. Act confident. Hold your head up high. Keep your shoulders back.

Stay Safe from Strangers

If a stranger comes near you and you feel uncomfortable -Say “**NO**” or “**GO AWAY**” in a loud voice and mean it! **Quickly walk away.** If neither of these works, **MAKE A SCENE! Yell and scream for HELP!** If you still don't feel safe, call 911 and ask for help! For more stranger safety tips, visit: <http://ddssafety.net/everyday-life/community/stranger-safety-tips>.

7 Tips for Taking the Bus, Subway, or Train

Stay safe when you need to get some place on the bus, subway, or train.



1. Use well-lighted, busy stops.
2. If you have to get off at a new stop, try to have a friend meet you the first time.
3. Stay alert. Do not miss your stop.
4. Sit near other passengers or close to the driver.
5. If someone is bugging you—say “Leave me alone” or tell the driver. Ask for help!



DDS SafetyNet

For Health, Safety, and a Better Life

Stay Safe - continued

6. If you feel uneasy getting off the bus, ask someone for help.
7. Know your stop. If you need help finding your stop, ask the driver.

9 Tips for Safe Walking

Follow these tips to stay safe when you are walking outside.



1. NEVER HITCHHIKE OR ACCEPT RIDES FROM STRANGERS.
2. Look left, right, and left before crossing a street.
3. Watch for traffic. A driver may not see you.
4. Wait for the green light to walk. DO NOT cross on the red or yellow light.
5. When the traffic light shows a picture of a person walking, it is OK to walk.
6. If you think you are being followed, walk to where there are lots of people like a shop or a station and ask for help.
7. Walk on the sidewalk. If there is no sidewalk, walk on the side of the road facing traffic.
8. Cross streets at crosswalks. If you are inside a crosswalk, cars should stop for you.
9. Always wear bright clothing. Use a flashlight at night. **NEVER** walk alone at night.

8 Safety Tips Riding Your Bike

Remember these tips when riding your bike to stay safe.

1. **WEAR A HELMET.**

2. Ride with traffic. **NEVER** ride against traffic. Ride as near to the right as possible.
3. Ride in a straight line and single file. Stop at all stop signs and red lights.
4. Use hand signals to let other drivers know when you are turning right, left or stopping.
5. Keep your bike in good repair.
6. Watch for cars. A driver may not see you. Make eye contact.
7. Make sure your bike has bells, mirrors good brakes, a headlight and tail light for night time.
8. When you park your bike, lock the frame and rear wheel to a solid object.

6 Safety Tips for Getting Money from an ATM

Sometimes you may need to get some money from an ATM. Follow these safety tips to stay safe.

1. **NEVER** give your card and pin number to anyone, even a good friend.
2. Make sure no one is so close they can see your pin.
3. Use an ATM you know. It is best to use one inside a bank.
4. Be aware. If you see anything that bothers you, go to another ATM.
5. If you use an ATM at night, make sure it is well-lit.
6. Hide your cash. When you get your money, put it out of sight.

